

2024 AGENDA FRIDAY, August 23, 2024

7:30 AM – 7:35 AM Introduction & Course Overview

7:35 AM – 7:55 AM Basic Science Foundation of Lasers & Light Sources **Stuart Nelson, MD**

7:55 AM – 8:05 AM New Techniques for Treating Pigmented Lesions & Sun-Damaged Skin in all skin types **E. Victor Ross, MD**

8:05 AM – 8:15 AM Lasers for Rosacea, Telangiectasia and Vascular Lesions: Practical tips to achieve better results

J. Stuart Nelson, MD, JD

8:15 AM – 8:25 AM Fractional lasers and energy-based-devices **Mathew Avram, MD, JD**

8:25 AM – 8:435 AM Laser Endpoints and Laser Safety Suzanne Kilmer, MD, JD

8:35 AM – 8:50 AM Questions & Answers

 $8:50~\mathrm{AM} - 9:00~\mathrm{AM}$ A multimodal approach to successfully treating melasma and hyperpigmentation Arisa Ortiz, MD

9:00 AM – 9:10 AM How to Enhance Your Results with Fractional Radiofrequency Catherine DiGiorgio, MD

9:10 AM – 9:20 AM Maximizing Patient Satisfaction with Tissue Tightening Devices **Omar Ibrahimi, MD, PhD**

9:20 AM – 9:35 AM Laser & Light Source Video Demonstrations (Avram, Ibrahimi, Kilmer, Ross, Ortiz, DiGiorgio, Nelson)

9:35 AM – 10:05 AM BREAK: Visit the Exhibits

10:05 AM – 10:20 AM Combination Laser Treatments: Combining Nonablative and Ablative Fractional Laser Resurfacing with Other Lasers & Light Sources for Photorejuvenation, Scars, Texture, and Pores at the Same Treatment Session

Mathew Avram, MD, JD

10:20 AM - 10:30 AM Don't Be Afraid of Old School Fully Ablative Resurfacing: How to Safely and Effectively Incorporate it into Your Practice

Arisa Ortiz, MD

10:30 AM - 10:40 AM Tissue microcoring for skin laxity and rhtyides: pearls for optimizing outcomes and lowering downtime

Mathew Avram, MD, JD



2024 AGENDA FRIDAY, August 23, 2024 (continued)

10:40 AM – 10:55 AM Questions & Answers

10:55AM – 11:10 AM Winning the Scar Wars: Treating Scars and Keloids with Lasers & Laser-Assisted Drug Delivery

Jill Waibel, MD – MOVE TO SATURDAY

11:10 -11:20 Treating acne with lasers: a new paradigm?

H. Ray Jalian, MD

11:20 AM - 11:30 AM Neck rejuvenation with energy-based devices

Suzanne Kilmer, MD

11:30 AM – 11:45 PM Laser & Light Source Demonstrations

(Avram, Ross, Waibel, Ibrahimi, Kilmer, Ortiz,)

11:45-11:55 Questions & Answers

11:55 AM – 12:50 PM LUNCH: Visit the Exhibits

12:50 PM – 1:00 PM New Advances in Thread Lifts Including PDO, PLGA, and HA-Filled Threads Catherine DiGiorgio, MD

1:00 PM -1:15 PM Assessing the patient: A Comprehensive Treatment Strategy to Improve and Prevent the Signs of Aging

Kim Butterwick, MD

1:15 PM – 1:25 PM When Not to Treat

Omar Ibrahimi, MD

1:25 PM – 1:35 PM Questions and Answers

1:35 PM – 1:45 PM Exosomes, microbiome, and the Skin: What's the Truth?

Ava Shamban, MD

1:45 PM – 2:00 PM Incorporating Medical and Surgical Hair Restoration into Your Practice: Surgery, Robots, Platelet Rich Plasma & Stem Cells, and Oral Supplements

Marc Avram, MD

2:00 PM – 2:15 PM Strategies and Treatment Pearls for Safe and Effective Cosmetic Treatments for Skin of Color

Omar Ibrahimi, MD

2:15 PM – 2:30 PM Questions and Answers

2024 AGENDA FRIDAY, AUGUST 23, 2024 (continued)

2:30 PM – 2:40 PM Legal Eagle: Employment Contracts, Patient Consents, and other legal issues in aesthetic practice

Mathew Avram, MD, JD

2:40 PM – 2:55 PM What's the False? Incorrect Dogmas in Aesthetics **Omar Ibrahimi, MD**

2:55 PM – 3:10 PM Fitzpatrick Award Kathy Fields, MD & Katie Rodan, MD

3:10 PM - 3:40 PM BREAK: Visit the Exhibits

3:40 PM – 5:30 PM Quick Fire Treatment Pearls – NON CME

3:45 PM - 3:49 PM
3:50 PM - 3:54 PM
3:55 PM - 3:59 PM
4:00 PM - 4:04 PM
4:05 PM - 4:09 PM
4:10 PM - 4:14 PM
4:15 PM - 4:19 PM
4:20 PM

4:20 PM - 4:30 PM Questions & Discussion

Sungat Grewal 4:30 PM - 4:34 PM 4:35 PM - 4:39 PM Jennifer Lin Dan Friedman 4:40 PM - 4:44 PM 4:45 PM - 4:49 PM Rishi Chopra 4:50 PM - 4:54 PM Stefani Kappel 4:55 PM - 4:59 PM Oge Onwudiwe Ryan Kelm 5:00 PM - 5:04 PM Seaver Soon 5:05 PM - 5:09 PM

5:10 PM – 5:14 PM Elizbeth Houshmand

5:15 PM - 5:25 PM Questions and Discussion

5:25 PM - 6:25 PM Visit the Exhibits – Welcome Reception

6:25 PM - 7:00 PM OPEN

7:00 PM – 9:00 PM Faculty Dinner



2024 AGENDA SATURDAY, AUGUST 24, 2024

7:30- 7:45 AM Rejuvenating the face and neck with neuromodulators **Joel Cohen, MD**

7:45 AM – 8:05 AM Reshaping the Face with Injectables **Becky Fitzgerald MD**

8:05 AM – 8:15 AM Enhancing the lip with injectables **Kim Butterwick, MD**

8:15 AM - 8:25 How to treat the eyelid and brows with injectables **Brian Biesman, MD**

8:25 AM – 8:35 How to frame the jawline with injectables **Ava Shamban MD**

8:35 AM – 8:45 AM Hand rejuvenation with injectables and devices **Kim Butterwick, MD**

8:45-8:55 AM The role of angiosomes in vascular occlusions **Joel Cohen, MD**

8:55-9:05 The use of ultrasound with soft tissue filler treatments **Becky Fitzgerald MD**

9:05 AM – 9:20 AM Question & Answer

9:20-9:50 BREAK: Visit the Exhibits

9:50 AM – 10:50 AM Live Injectable Demonstrations **Joel Cohen, MD, Shamban, MD, Kimberly Butterwick, MD**

Moderated by Brian Biesman, MD, MD, and Kim Butterwick, MD

10:50 AM - 11:05 AM Questions and Answers

11:05 AM - 11:20 AM Live Demonstration of Advanced Chemical Peels **Peter Rullan, MD**

11:20 AM – 11:35AM Treatments for Non-Invasive Fat Removal, Body Contouring: & cellulite: What's New & What Works?

Omar Ibrahimi, MD, PhD

11:35 PM – 11:45 PM Finessing Fat Transfer Techniques **Kimberly Butterwick, MD**

11:45 PM – 11:55 PM Questions & Answers

11:55 PM – 12:55 PM LUNCH: Visit the Exhibits



2024 AGENDA

AESTHETICS SATURDAY, AUGUST 24, 2024 (continued)

12:55 PM- 1:10 PM How to Strategically & Successfully Incorporate Cosmeceuticals into Your Practice Ava Shamban, MD

1:10 PM – 1:20 PM Male Aesthetics

H. Ray Jalian, MD

1:20 PM – 1:35 PM Starting your Own Practice

Catherine DiGiorgio, MD Omar Ibrahimi, MD

1:35 PM - 1:45 PM Beyond the Scalpel: Non-invasive treatment to treat and prevent nonmelanoma skin cancers (laser, superficial XRT, etc)

Arisa Ortiz, MD

1:45 PM – 1:55 PM Botched: Cosmetic Complication Confessions –

Moderator: Ray Jalian, MD

Mathew Avram, MD, JD, E. Victor Ross, MD

1:55 PM – 2:10 PM Health/Wellness

Ray Jalian, MD

2:10 PM – 2:25 PM Questions and Answers

2:25 PM – 3:00 PM BREAK: Visit the Exhibits

3:00 PM - 5:00 PM Quick Fire Treatment Pearls - NON CME

3:00 PM - 3:05 PM Rami Batnaji, MD

3:05 PM – 3:09 PM Natasha Meinsovka

3:10 PM – 3:14 PM Tomi Wall

3:15 PM – 3:19 PM Steven Cohen

3:20 PM - 3:24 PM Melanie Palm

3:25 PM – 3:29 PM Michelle Henry

3:30 PM - 3:34 PM Kelly Stankiewicz

3:35 PM - 3:39 PM Karen Kagha

3:40 PM - 3:44 PM Patricia Richey

3:45 PM - 3:49 PM Pooyan Rohani

3:50 PM - 3:54 PM Kristel Polder

3:55 PM - 4:05 PM Questions and Discussion

4:05 PM - 4:09 PM Merhnoosh Heydarian - Endolift

4:10 PM - 4:14 PM Aria Vazirnia

4:15 PM - 4:19 PM Daniel Yanes

4:20 PM - 4:24 PM Ardalan Minokadeh

4:25 PM - 4:29 PM Jennifer Sawaya

4:30 PM - 4:34 PM Adam Wulkan

4:35 PM - 4:39 PM Robert Finney

4:40 PM - 4:44 PM Christina Weng

4:45 PM - 4:49 PM Morgan Murphrey

4:50 PM - 4:54 PM Azadeh Shirazi

4.50 I WI - 4.54 I WI AZAGCII SIIII 8

4:55 PM – 4:49 PM Rohit Kakar

4:50 PM – 4:55 PM Swati Kannan

5:05 PM - 5:15 PM Questions and Discussion
5:15 PM - 6:15 PM Resident Session